

NORTHEAST PUBLIC POWER ASSOCIATION

*January 22nd*

**OSHA**

**10**

*General  
Industry*





This OSHA 10-Hour General Industry course is a 2-day program being held **Wednesday, January 22 & Thursday, January 23, 2025 from 8:00 am – 2:30 pm** at the **NEPPA Training Center** (200 New Estate Road, Littleton MA 01460).

The goal is to give participants a heightened awareness of the hazards associated with electric utility work and understand control measures to avoid injuries.

Each participant will be given an OSHA 10-Hour Card after successful completion. There are no prerequisites for this course and employees with little or no introduction to OSHA and its requirements are encouraged to attend.

## WHO SHOULD ATTEND

This course is designed for:

- New Hires
- Lineworkers
- Operations and Field Personnel
- Office Managers and Staff
- Human Resources
- Engineers

## TOPICS INCLUDE

*The class outline is still being finalized and therefore these topics are subject to change.*

1. Walking & Working Surfaces
2. Exit Routes
3. EAP
4. Fire Prevention & Protection
5. Ergonomics
6. Machine Guarding
7. Personal Protective & Equipment
8. Electrical Hazards
9. Hazard Communication Material
10. ARC FLASH/Insulate & Isolate







**JANUARY 22 - 23**  
8 AM - 2:30 PM

**NEPPA TRAINING CENTER**  
LITTLETON, MA

## **AGENDA**

*Agenda details are subject to change.*

### **DAY ONE Total Contact Hours: 5**

08:00am – 09:15am FOCUS: Introduction to OSHA 1.25-hours

09:15am – 09:30am Break

09:30am – 10:30am FOCUS: Walking & Working Surfaces 1-hour

10:30am – 10:45am Break

10:45am – 11:45am FOCUS: Exit Routes, EAP, Fire Prevention & Protection 1-hour

11:45am – 12:15pm Lunch

12:15pm – 01:15pm ELECTIVE: Ergonomics 1-hour

01:15pm – 01:30pm Break

01:30pm – 02:30pm ELECTIVE: Machine Guarding 1-Hour

### **DAY TWO Total Contact Hours: 5**

08:00am – 09:00am FOCUS: Personal Protective & Equipment 1-hour

09:00am – 09:15am Break

09:15am – 10:15am FOCUS: Electrical Hazards 1-hour

10:15am – 10:30am Break

10:30am – 11:30am FOCUS/Hazard Communication 1-hour

11:30am – 12:00pm Lunch

12:00pm – 01:00pm ELECTIVE: Material Handling 1-hour

01:15pm – 01:30pm Break

01:30pm – 02:30pm OPTIONAL: ARC FLASH/Insulate & Isolate 1-hour

## **ABOUT THE INSTRUCTOR | *Mike Pazzanese***



Mike joined NEPPA as part of the training team in April 2021. Mike is a Certified Utility Safety Professional (CUSP) with 41 years of experience in all aspects of electric and gas utility operations, as well as contractor management, employee health and safety, and utility technical training, particularly in underground distribution and cable splicing. Mike holds both the OSHA 30-hour General Industry and 20-hour Leadership Certifications. Mike is also an Authorized OSHA Trainer-General Industry. As a graduate of Bridgewater State University with a teaching degree, Mike's background in utility and 11 years of technical training experience strengthens NEPPA's capacity to provide top-tier training.

