EVENT DESCRIPTIONS

EVENT #I HURT MAN RESCUE (Years 1-4)

Apprentice must remain IN CONTROL and complete steps as quickly and

SAFELY as possible:

- I. Sound pole, Time starts when given "GO" command
- 2. **Call** for Help giving exact location and nature of emergency
- 3. **Assess** the situation to ascertain that the HURT MAN can be safely rescued
- 4. **Ascend** the pole and safely move the HURT MAN to the ground (Cross arm)
- 5. Descend the pole and begin First Aid/CPR
- 6. Time stops when Contestant descends, unclips from pole and starts CPR

Drop-dead Time: (Year I = 9 min, Year 2 = 8 min, Year 3 = 7 min, Year 4 = 6 min)

Average score: 99 Average time: 2:28

EVENT #2 HOUSE SERVICE CHANGEOUT (must use gloves) (Years l-2)

Apprentice must remain IN CONTROL and complete steps as quickly and <u>SAFELY</u> as possible:

- 1. Sound pole, Time starts when given "GO" command
- 2. **Ascend** pole safely with Fall Protection and attach hand line to pole
- 3. **Disconnect** service in **proper order**
- 4. **Secure** "live" ends
- 5. Call for PULLING GRIP and install on service conductor
- 6. Lower to the ground
- 7. **Call** for service and reinstall on | Hook
- 8. Make secondary connections in proper order
- 9. Time stops when contestant descends and unclips from pole.

Drop-dead Time: 12 min

Average Score: 97 Average time: 7:01

EVENT #3 TRANSITION/OBSTACLE COURSE (Years 3-4)

Apprentice must remain IN CONTROL and complete steps as quickly and <u>SAFELY</u> as possible:

- 1. Sound pole, Time starts when given "GO" command
- 2. **Climb** on **Cross-arm side** and transition over both arms moving hardware to other side
- 3. **Contact** upper arm

- 4. **Descend** and transition both arms on arm side, **DO NOT STEP ON CROSS-ARM or GRAB THE BRACES.**
- 5. **Descend pole** Time stops when touching the ground and unclipping from pole

Drop-dead Time: 16 min

Average score: 99 Average time: 8:06

EVENT #4 FALL PROTECTED CLIMB (Years 1 – 4)

Apprentice must remain IN CONTROL and complete steps as quickly and

SAFELY as possible:

- 1. Sound pole, Time starts when given "GO" command
- 2. Climb pole with Fall Protection Device and contact the Bell
- 3. **Descend pole** safely and in control
- 4. A fall into fall protective device will mean disqualification
- 5. Timed Event must Ring Bell
- 6. Deductions for improper technique and climbing beyond ability
- 7. Green strap must be in contact with pole at all times
- 8. **Time stops** when ground is contacted with both feet

Drop-dead Time: 3 min Average score: 100 Average time: 1:11

EVENT #5 DEAD END INSULATOR CHANGEOUT (treat as energized 5 kv) (Years 3-4)

Apprentice must remain IN CONTROL and complete steps as quickly and <u>SAFELY</u> as possible:

- 1. **Sound pole**, Time start when given "GO" command
- 2. **Climb** to position and call for line hoses and cover neutral, transition over
- 3. **Remove old insulator** with appropriate cover and rigging
- 4. **Install new insulator**, clip in conductor
- 5. Move to safe position and remove cover up and lower to ground
- 6. **Descend pole** Time stops when both feet are on the ground

Drop-dead Time: 15 min

Average score: 99
Average time: 9:32

EVENT #6 SINGLE ARM CHANGEOUT (Year 4 only)

Apprentice must remain IN CONTROL and complete steps as quickly and

SAFELY as possible:

- I. Sound pole, Time starts when given "GO" command
- 2. **Climb** to work position
- 3. Remove the cross-arm and lower it to ground
- 4. **Reinstall the cross-arm**; all hardware must be tight
- 5. **Time stops** when both feet are on the ground

Drop-dead Time: 15 min

Average score: 95 Average time: 9:52

EVENT #7 MANHOLE ENCLOSED/CONFINED SPACE RESCUE (Year 2 only)

Apprentice must remain IN CONTROL and complete steps as quickly and <u>SAFELY</u> as possible:

- I. Time starts when given "GO" command
- 2. Call out to mannequin to see his status
- 3. Order someone to call 911
- 4. **Rescue mannequin** out of manhole, must not drop mannequin
- 5. **Time stops** when the cage is rotated back (the judge will determine the angle of the cage.)

Drop-dead Time: 3 min Average score: 99 Average time: :33

EVENT #8 5kV CROSSARM INSULATOR CHANGEOUT (Year 3 only)

Apprentice must remain IN CONTROL and complete steps as quickly and <u>SAFELY</u> as possible:

This is a two-man climbing event with a groundman. Teams will be given 5 minutes set up time for questions. Fall arrest must be properly adjusted, rubber gloves must be tested and on climbers hands not on the ground.

 Sound pole, Time starts when given "GO" command with fall arrest on the pole and first gaff into the pole. ONLY ONE CLIMBER MOVES ON THE POLE AT TIME!

- 2. The team will be provided a new VT Insulator.
- 3. Neutral and neutral clevis must be covered before ascending above if the neutral is floated it still needs to be covered properly
- 4. The center phase needs to be covered with rubber butted up to insulator and insulator needs covered as well the phase to be worked needs to be covered with rubber butting to insulator Crossarm needs to be covered with rubber blanket before phase is placed on it. The cover on phase needs to be married together before phase is rested on the arm
- 5. After insulator is replaced phase can be put in and secured the steps can be reversed. All equipment sent up and down on handline must be in control and not dropped.
- 6. **Time stops** when both climbers feet are on the ground.

Drop-dead Time: 20 min Average score: 99 Average time: 17:50

EVENT #9 GUY WRAP CHANGEOUT (Year 1 only)

Apprentice must remain IN CONTROL and complete steps as quickly and SAFELY as possible:

Competitor will start behind start line, which will be 5' from the changeout station. At the changeout station the competitor will take off the old wrap and install a new wrap and lock it in completely. The competitor will start with hoist, grip, and tools off the wire. No guy guard will be used in this event.

- 1. Sound Pole, Time starts when given "GO" command
- 2. Competitor must completely remove guy wrap and install new wrap provided
- 3. The Competitor must remove all tools from wire before returning to the line
- 4. **Time stops** when the Competitor returns across the starting line.
- 5. Judging will continue until the new wrap has been inspected by the judge.

Drop-dead Time: 8 min Average score: NA Average time: NA

EVENT #10 KNOT TYING (Year 1 only)

Apprentice must remain IN CONTROL and complete steps as quickly and <u>SAFELY</u> as possible:

- I. Time starts when given "GO" command
- 2. The Competitor will begin behind the starting line, which will be 5' from Knot Station.
- 3. At each knot station the judge will ask for a knot that needs to be tied. The knots to be tied will include a Bowline, Running Bowline, Bowline on Bight, Square Knot, Clove Hitch, and a Sheet Bend. Competitor must attempt to tie all 6 knots.

- 4. Knots will be tied around a wire (if applicable).
- 5. Braided ½" rope will be provided for the knots.
- 6. **Time stops** when the Competitor returns across the finish line, which will be 5' from Knot station.
- 7. Judging will continue until each knot has been checked by the judge and the competitor has

returned the event back to its original condition.

Drop-dead Time: 5 min Average score: NA Average time: NA

EVENT #11 NEUTRAL DEAD END CHANGEOUT (Year 2 only)

Apprentice must remain IN CONTROL and complete steps as quickly and SAFELY as possible:

This event consists of a climber and a groundman.

- 1. **Sound Pole, Time starts** when given "GO" command with fall arrest properly adjusted and on pole and first gaff into the pole. Rubber gloves must be tested and on climbers hands not on ground
- 2. The climber will need to climb up to neutral using proper climbing methods bringing working line with him. Once at neutral he will need to cover neutral with one piece of rubber. Using a nylon pole strap and a set of blocks he will need to get enough slack to release dead-end shoe. Then he needs to un-bolt shoe from conductor and send down on handline.
- 3. Once lineman is in position the hand line will be attached to a fixed object on the pole not off his belt.
- 4. There will be no tossing of any equipment. Groundman will send up new shoe on line. Climber will install shoe and release blocks and strip pole sending everything down on line.
- 5. The lineman will control conductor with blocks not by physical force.
- 6. Groundman must raise equipment in control with working line dropping anything will be a deduction. (Groundman can use leather gloves)
- 7. **Time stops** when climber's foot touches the ground

Drop-dead Time: 12 min Average score: NA Average time: NA

EVENT #12 TEAM TRANSFORMER CHANGEOUT (Year 4 only)

Apprentice must remain IN CONTROL and complete steps as quickly and <u>SAFELY</u> as possible:

This is a two-person event. One person climbs with fall protection and one person operates the bucket truck with harness. One non-team member will serve as a groundman.

- 1. Sound Pole, Time starts when given "GO" command
- 2. Climber ascends pole with Fall Protection
- 3. Bucket truck moves into position to make ready to lower transformer with jib and sling.
- 4. Call for SWITCH STICK and OPEN fuse cutout, secure SWITCH STICK
- 5. Call for shotgun and remove primary lead then remove secondary leads/drop triplex
- 6. Call for sling and install it on transformer
- 7. Connect sling to JIB
- 8. Climber loosens transformer bolts, CALLS for raising of transformer off bolts, When clear of pole, bucket operator lowers transformer to judge eye level, judge will give ok to take back up.
- 9. Informs climber transformer is coming up.
- 10. Reinstall transformer on bolts and secure
- 11. Reinstall secondary leads neutral first
- 12. Then bucket operator checks climber is clear and connects primary lead with shotgun
- 13. USING SWITCH STICK, close fuse cutout
- 14. Lower switch stick on hand line
- 15. Both lineworkers descend pole
- 16. **Time stops** when climber is on the ground and bucket is cradled.

Drop-dead Time: 20 min Average score: NA Average time: NA

EVENT #13 WRITTEN TEST (Years 1-3)

Exam is timed and contains 25 multiple choice questions covering topics discussed to date.

Drop-dead Time: 20 min

Average score: 81 Average time: 5:39